

Beyond Fear

making your dental phobia a thing of the past

I follow this site avidly, and just hope that something I add can occasionally help someone. The only thing I can say at the moment, (and I have already posted about this, so sorry for repeating myself), is that IV sedation is fantastic, and absolutely nothing to fear! "Conscious sedation" can sound scary, but you really do not remember much at all, and what you do remember, you don't actually care about! I have never had IV for dental treatment, (wish I had sometimes!), but have had it twice for medical procedures, the last time 3 weeks ago, and I would without a doubt be happy to have it again for any reason, (maybe not major surgery!). Please do not be afraid, it really is great.

I'll tell you a little about how absolutely wonderful my experiences have been with IV sedation, and maybe that will be a good place to start! I've had two root canals under IV sedation, and I can honestly say that they were both 100% pain free, and I had a really good experience both times. For me, it just felt like I feel asleep. By the time the Dr finished saying "You're going to start to get sleepy", my eyes were already closing, and the next thing I knew the Dr was holding my hand and telling me he was finished. I was a little confused because to me it seemed like I had just closed my eyes a second before, and I thought they hadn't started yet! I went home feeling sleepy and basically spent the rest of the day on the couch alternating between watching TV and sleeping.

Last Tuesday when I had my left hand uppers and one lower extracted, I was under IV sedation. I remember being told to relax as the IV worked its way into my system. I remember someone putting a cloth over my eyes...and that's it!! Woke up and it was all over!

I had my 3 extractions done on Thursday (2 wisdom and one other), I admit I was very nervous before hand and shed a tear in the reception area but I have to say it was far easier than I could have ever imagined. I had an injection in my hand and that was more or less the last thing I remember until the dentist said it was all over and took me into the recover room. I slept on and off for the afternoon and just took pain killers regularly for the next few days. The post op pain wasn't even that bad - really just felt like I had been punched in the mouth - not even as bad as toothache! I am still a little swollen and tender but I feel so much better knowing that the work is over - now we can move onto cosmetic bits which I am treating myself to. Anyone facing ID sedation should have no fear - for me it went really well and I wouldn't mind if I had to have it again. In fact, I would rather that than have teeth removed at my regular (ha ha I can say that now!)Dentist.

I had ID sedation for the first time last week and it went very well, I would recommend to anyone who has to undergo some unpleasant surgery or is extremely nervous.

~~I had Twilight Sleep sedation a few years ago & it was wonderful!! I had an injection in my arm, fell asleep, woke up feeling really comfy, calm & dreamy & EVERYTHING was done! I didn't feel an absolute thing!!~~
Also because of the sedation I hardly felt anything afterwards. I'd had teeth extracted & fillings & I hardly had a twinge afterwards.
I'm due to go back soon & have more sedation & I'm not worried one bit.

I was sent to a sedation clinic in Brighton and was absolutely terrified. Once in the reception I didn't have to wait too long for x rays then after 5 mins was called through to the surgery (in tears!)The anaesthetist injected my hand (hadn't even looked in my mouth at this stage) and that was the last I knew until I was taken into the recovery room. I have a vague recollection of someone asking me to open my mouth wider, but I felt no pain or didn't hear any unpleasant sounds.

I had sedation 2 weeks ago I am agoraphobic and dental phobic but I new I had to get this done I thought once I am there ill be fine and I was, sedation is great once the little needle is put in your hand that's it you don't feel or hear anything I had extractions fillings everything done I was back home in an hour and so pleased I went; GO FOR IT ITS GREAT; if I can do anyone can.

I had sedation 2 yrs ago for 3 root extractions, as I have a heart condition they didn't really want to give me much in the way of sedation or GA. I had a very low dose of sedation, enough to 'take the edge off,' which for me was enough to work wonders! I was conscious and could see and hear, but beyond that I was only vaguely aware of what was happening. The dentist (hospital dentist) was wonderful, he did such a good job with the IV I never felt that go in, I was aware of the local anaesthetic going in but wouldn't have said it was painful, I heard him ask the nurse for another scalpel (and thought why what u doing??), and was amazed when he said the first root was out! All 3 had to be dug out, but HEAR THIS! I felt no pain during or after, despite having 7 stitches, and was home after an hour and a half

Just thought I would tell you (my new friends!) that I had my first of two IV sedation sessions today. And I can't remember ANYTHING!!!I have no knowledge of any drilling or extractions and apparently I even had a polish!!.....I only remember the IV needle being put in and a pleasant cold rush in my vein! Next thing I was waking up in the recovery room feeling SO relaxed.

This Tuesday just gone I had my first of two IV sedation appointments and I must admit I nearly bottled it but you may have already read my post in this message area!

But I have to tell you it was wonderful! I only remember the needle in my hand! That's it and three days later I have no pain. My confidence is so high and believe it or not I am LOOKING FORWARDS! To my next appointment in 11 days to have the final extractions/fillings!

Last Tuesday I had my first of two sessions of IV Sedation and let me tell you about it.....

Well I cant because I don't remember anything!

All I can remember is the painless needle being put into my hand and a pleasant cold rush up my arm..... THAT IS IT!

I do recollect the dentist at some point asking me to open my mouth wider a couple of times but I don't know if that was at the beginning middle or end!

Apart from that I could hear nothing, feel nothing or see anything...I don't even remember how I got from the CHAIR to the recovery room. I got my final IV sedation session next Tuesday and I am looking forwards to it...During my first session I had five or six(I'm not sure!!) extractions on my left side and also several fillings. I'm told that my Tuesday session will take less time to do than my first!

As for the after effects you will feel GREAT! I PROMISE! The feeling I had was Zero pain, total relaxation and I even kept laughing quietly to myself!

IV SEDATION IS BRILLIANT. I spent years refusing it. Don't make my mistake....

I know they injected the Valium then, but they didn't say anything, or, if they did, I didn't hear them. I wasn't unconscious as in a general anaesthetic, but I know nothing at all of the extractions, not a thing. As I said, there were no funny feelings, no funny dreams, not a thing. I was there one minute and gone the next. I don't know how long I was out. When I came round I was fine, no sickness, and give the dentist credit, she knew I was a bit scared of being bloody and slavering the blood so she had soaked it all up. That was what was happening when I came round. I don't remember going to the other room, but I do know that I was so proud of having the cannula in my hand; I wanted to keep it in!!

I found having the IV sedation was a brilliant thing, you know nothing about it. You also don't have the old hangover feelings which you would have had in the olden days. I was scared when I went to the dentist on the actual day but once you get the sedation in you just do not care a thing.

I was worried about how IV would make me feel, but there was no need. I hardly remember anything about any of the treatments - I certainly didn't feel any pain and apparently according to my dentist and the person I had there to take me home at the end I just kept thanking my dentist for making what was such a huge stress for me turn out so well!

It's just my experience, but I would recommend IV sedation to anyone who felt as worried and stressed as I did.

Yes, I had the four teeth extracted yesterday morning under IV Sedation and am unable to remember a thing about it. I am a little sore today, but have had virtually no pain which is good.

It went well. I'd thoroughly recommend IV sedation to anyone nervous as I remember barely anything, despite being in the chair for two and a half hours.

I had IV sedation, and it wasn't like I was trapped or unable to communicate - most of the time I was out of it completely, and didn't know what was going on. But, when I was awake I knew what was going on, but didn't really care. If there was a problem, I would have been able to communicate this, in fact I did several times, and I was aware of the nurse holding my hand etc.

I didn't know really what to expect with the IV sedation but until you have experienced it, it is hard to describe but basically I sat in the chair, I didn't feel a thing as the needle went in my arm and I had no recollection of any gum jabs although there must have been a lot. I knew the dentist was working on me but never saw anything so I don't know if I was asleep or not. After what seemed like 10 minutes but was in reality an hour he said that's it. I was moved to the recovery room but felt a fraud as I was wide awake and didn't feel any after affects from the sedation although I probably wasn't quite with it. When I got home I counted up the remaining teeth
And found I had 12 removed.

I had sedation twice 6 years ago and yes it is as good as they say...

I can half remember the dentist doing gum jabs but there was absolutely no pain whatsoever. Two minutes in my time later he had finished and 11 teeth were out. I managed to fail the put your finger on your nose test afterwards to see if the sedation had worn off so he sat me down again for 5 minutes then I was ok.

The IV really is the easiest bit. I had it twice and the basic experience was the same each time. I had a line put in my arm which I never felt and after that I remember very little. I think the dentist put something over my eyes as I didn't see anything during the treatment. He told me beforehand that you are never actually asleep as it much better if you can control your own breathing and swallowing and can react to spoken instructions. After the line was put in there were no physical reactions to the sedation (any weird creeping numbness or anything like that)

The first time I never knew anything about any gum jabs but recalls him working on me now and then but no pain whatsoever. The second time was a bit different as I remember asking if he used gel on the gums as I knew he was injecting me but again no pain at all after that I remember nothing.

They told me exactly what they were going to do and then put the line in my hand and put the sedation in. I don't remember anything else and it all seemed over within seconds but I think it was more like an hour.

I had my 1st appointment yesterday, 4 fillings all done under IV sedation; I don't remember a thing... and didn't feel any pain. A bit numb and tired for a few hours but I woke up this morning a completely different person and wouldn't hesitate to go back again (as long I have IV sedation)
